







Programme for Parents

Time	Programme	
2.30pm	Start of Orientation Programme	
	Principal's Sharing	
	Sharing by Year Head (Lower Primary)	
3.20pm	Classroom Session with Form Teachers	
4.oopm	End of Orientation Programme	
After Classroom	Meeting with Special Educational Needs (SEN) Team	
Session	For parents with queries on SEN support for your child	



Overview

1. What is Primary School about?



3. School-Home **Partnership**

Primary 1

Developments in Primary Education







Holistic development for Primary 1 includes:

Prioritising the
development of soft skills,
including values, socialemotional competencies
and self-help skills

Building strong foundations in literacy and numeracy

Focusing on building learning dispositions for Lifelong Learning, including curiosity, confidence and nurturing the joy of learning

Strengthening 21st
 Century Competencies
 (21CC) and Digital
 Literacy in an age appropriate manner



Building Strong Foundations: Knowledge, Skills & Dispositions (KSDs) at the Start of P1



Values, Social-Emotional Competencies, Citizenship Dispositions













Art

English Language

Mathematics

Mother Tongue Languages

Music

Physical Education

- Develop understanding of self and manage own behaviours
- Communicate, interact and build caring and respectful relationships with others

responsibility

Take

for own

actions

- EnjoyParticipating in Art
 - Express Ideas and Feelings through Art
- Demonstrate
 Awareness of
 Art from
 Different
 Cultural
 Groups
- Listen and Speak for Enjoyment and Information
- Read with
 Enjoyment and
 Understanding
- Communicate
 Ideas and
 Information
 through
 Writing or
 Using Symbols
 or Letter-Like
 Shapes
- Basic
 Understandin
 g of Numbers
 Up To 10
 Compare
- Compare
 Quantities
 Between Two
 Groups of
 Objects within
 10
- Recognise Simple Patterns

- Enjoy and Show an Interest in Learning Mother Tongue
 Language •
- Enjoy and Show an Interest in Listening and Speaking in Mother Tongue
- Language
 Demonstrate
 Awareness of
 Local Ethnic
 Culture

- Enjoy Participating in Music and Movement
 Activities Express Ideas and
- Express Ideas and Feelings through Music and
- Movement Activities
- Demonstrate Awareness of
- Music and
- Movement from Different Cultural
- Groups

- Enjoy Physical Activities
- Display
 Coordination
 in Motor
 Tasks
- Demonstrate
 Awareness of
 Healthy
 Habits and
 Safety



Building Strong Foundations: How is it achieved?

Play is an essential feature that taps students' inquisitiveness and ignites a self-sustaining passion for learning.

Teachers pace teaching and adopt developmentally appropriate, engaging pedagogies to deepen learning.



Differentiated support

for children with differing learning needs

No examinations and weighted assessments at P1 and P2

to provide more time and space to settle into a formal school setting, build relationships and develop the necessary skills and attitudes towards learning.

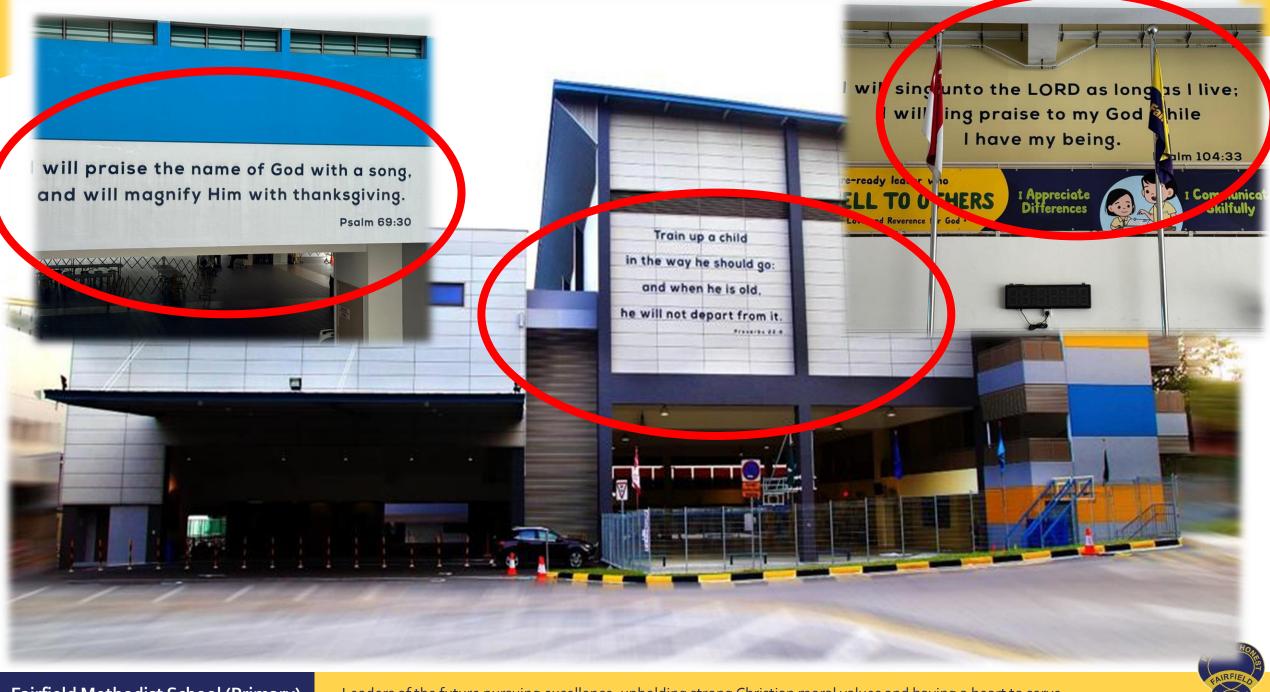


Miss Sophia Blackmore Founder of Fairfield Schools

Our School Mission

To provide a holistic education in a Christian environment so as to nurture leaders of good character, who are equipped to serve God, nation, community and school

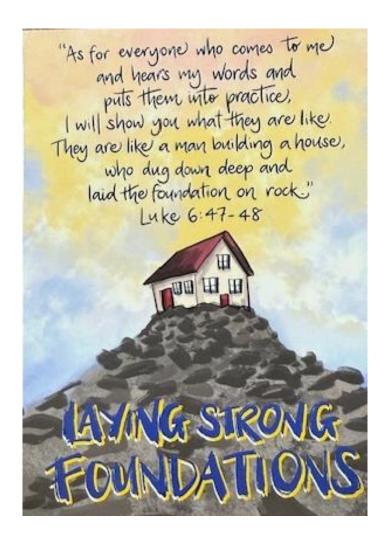




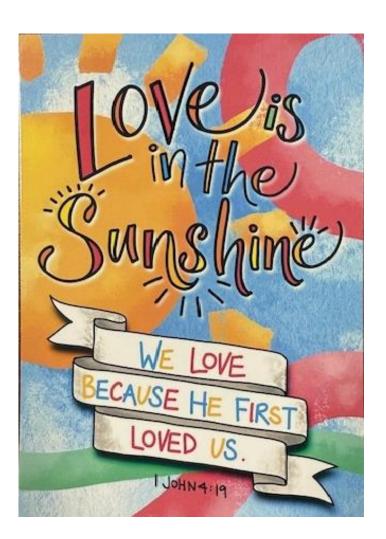


- Fairfield Methodist School Primary is a 137 years old mission school.
- One of the oldest primary schools in Singapore.
- Each school day starts with a devotion centres on a Bible verse and prayer.
- We will draw out application of good values from the verses for students during devotion.
- Each day starts with positivity with a focus on Godly and good values.

2024 Theme



2025 Theme



2026 Theme

Strong and Courageous

2 Timothy 1:7

"For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."





Love and Reverence for God

Resilience

Respect

School Values

Integrity



Serving and Giving



Our School Vision

Leaders of the future pursuing excellence, upholding strong Christian moral values and having a heart to serve



Fairsian Outcomes

Masters Self

- Has a spirit of excellence
- Thinks critically and creatively
- An ethical digital user



Relates Well to Others

- Appreciates differences
- Communicates skilfully
- An empathetic individual

Serves God & the Community

- Reflects actively
- Collaborates inclusively
- A proactive contributor

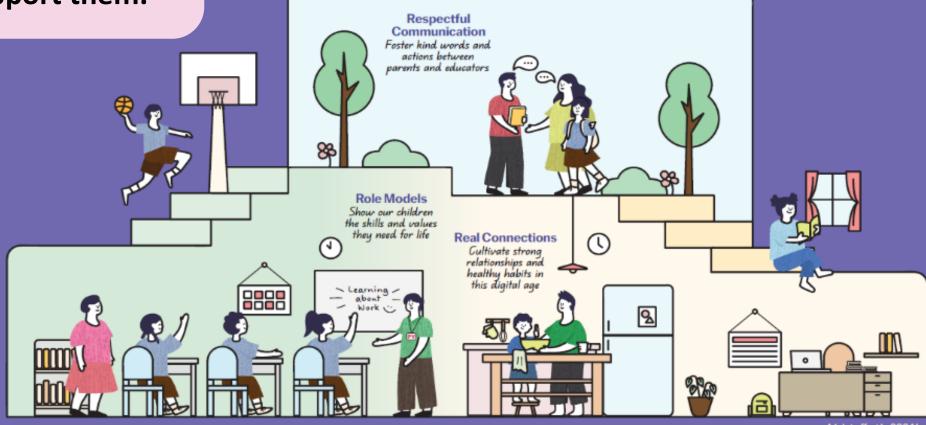


School-Home Partnership

Our children do best when schools and parents work hand in hand to support them.

Guidelines for School-Home Partnership

Raising a Happy, Confident, and Kind Generation Together



3 areas we can work together on to foster School-Home Partnership

1 Respectful Communication

Foster kind words and actions between schools and educators



2 Role Models

Show our children the skills and values they need for life

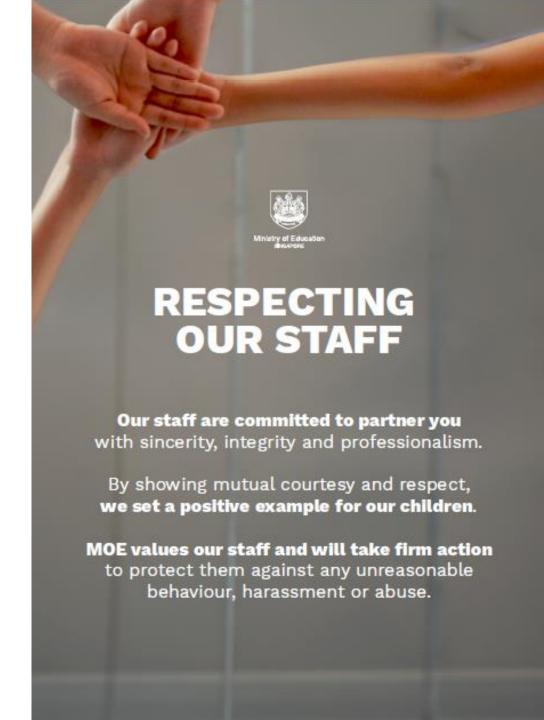
3 Real Connections

Cultivate strong relationships and healthy habits in this digital age

Engagement Charter

• The partnership between schools and parents is an essential one.

 By promoting mutual courtesy and respect in our interactions with each other, we can be good role models for our children and build authentic partnerships that will better benefit our children.



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Home-School Partnership in Skills Development

When children enter kindergarten, the key question is not whether they know the alphabet or can add and subtract. Instead, the important skills include impulse control, attention span, emotional regulation. These abilities don't develop on their own. Instead, the relevant regions of the brain need to be activated – and often, since the brain's networks are strengthened through practice.

Dr Amanda Tarullo

Director of Brain & Early Experiences Laboratory at Boston University



Executive Functioning (EF) Skills

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What are EF skills?

 Mental skills we use to self-regulate the way we interact with our environment







- Young children learn EF Skills by observing others or being taught explicitly.
- Importance of early support: Young children's brains are rapidly changing and most malleable during these earlier years.

Importance of Executive Functioning Skills

EF skills provide the foundational platform for preparing students' readiness and ability to learn.



- Tracked ~11,000 kindergarten students through 3rd grade
- Key finding: Children with difficulties in EF in kindergarten continued to experience academic difficulties in later years
- Importance of early intervention efforts before children internalise negative feelings about their academic performance and exhibit challenging behaviours

Morgan, P. L., Farkas, G., Wang, Y., Hillemeier, M. M., Oh, Y., & Maczuga, S. (2019). Executive function deficits in kindergarten predict repeated academic difficulties across elementary school. *Early Childhood Research Quarterly*, 46, 20-32. https://doi.org/10.1016/j.ecresq.2018.06.009



Developing Executive Functioning Skills at Home

Organisational Skills

- Involve your child in packing his/her schoolbag daily based on timetable
- Guide your child in the use of the Student Handbook for tracking

Help-Seeking Skills

Teach your child ways to seek help in appropriate ways





Developing Executive Functioning Skills at Home

Time Management:

- Create a daily schedule that includes blocks of time for different activities
 - For example: mealtimes, play, homework, bedtime
- Engage your child in planning the daily schedule to help him/her understand:
 - Estimation of time taken to complete tasks
 - Planning ahead: How to sequence and prioritise activities





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Guidance on use of students' smartphones/smartwatches in schools

 Students who bring mobile phones or smart watches to school are to adhere to the following guidelines:

Mobile	 Usage of mobile phones is allowed only in the foyer after school hours to 		
phones	<u>contact parents</u> .		
	 Mobile phones are to be switched off during all other times. 		
	*Not allowed during examination period.		
Personal	Students <u>are not to use/wear</u> personal digital devices during school hours including		
Digital	recess, CCA and after-school programmes (e.g. enrichment / supplementary /		
Devices	remedial lessons).		
	 Personal digital devices include, but are not limited to, smartphones, smartwatches and e-readers. 		
	 Students who bring such devices to school are to put them in their school bags or class lockers <u>before school start time (i.e. by 7.30am)</u>. 		



Guidance on use of students' smartphones/smartwatches in schools

 Students who bring mobile phones or smart watches to school are to adhere to the following guidelines:

Personal Digital Devices

- Students should be responsible for their property. The school will not be held accountable for any damage or loss.
- The school reserves the right to check these devices.
 Inappropriate use of these devices may result in confiscation of devices. All confiscated devices will be handed over to the HOD (Student Management) for safekeeping and will only be returned to parents in school.



Rationale

- Reduce sources of distraction for students to protect the learning spaces in school (Curriculum Time is sacred).
- Delay first ownership of digital devices is beneficial to student social and mental well-being (Research suggests that earlier age of smartphone ownership is associated with poorer mental health)
- Teachers should focus on teaching and learning.











Join Us!

Partners in Education







Communication with schools:

Official information (most accurate) will always be through Parents Gateway (PG)







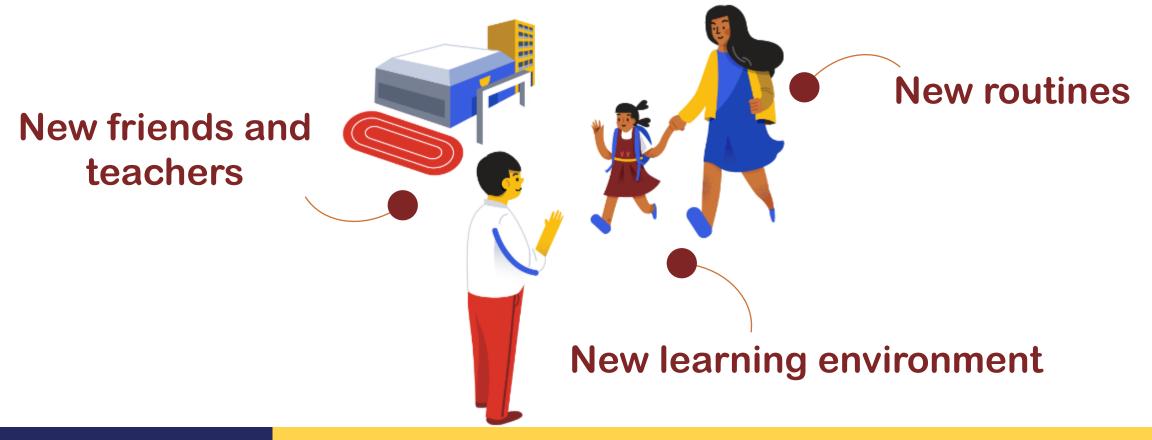
Transition to Primary 1

Mrs Lim Wei Wei Year Head / Lower Primary



Smoothening the transition to Primary 1

When your child enters primary school, their experience will include:





Smoothening the transition to Primary 1

1. Transition is the process in which a child moves into a new environment

2. When moving from pre-school to primary, a child will have to adapt to unfamiliar setting and routines

When your child has transited well, he/she will:

- Feel safe and comfortable in the new environment
- Be able to manage daily challenges
- Be able reach out to teachers and/ or peers for support when needed



How can you prepare your child for Primary 1?

You can start talking to your child about the following:



https://go.gov.sg/transition-to-primary1











Adjusting to a larger learning environment

Interacting with more peers and teachers

Adapting to longer school hours and new routines

Taking the initiative to ask for help

Becoming more independent and responsible

Try these conversation starters:

Mummy had an enjoyable day at work today. Let's share which was the most enjoyable part of our day.

Let's both remember someone that we met today who did a kind deed for us?

I learnt something new at work today. I am sure you did too. Can we teach each other what we learnt?



How else can you support your child?

Support

your child and encourage them to overcome challenges with your care

Affirm

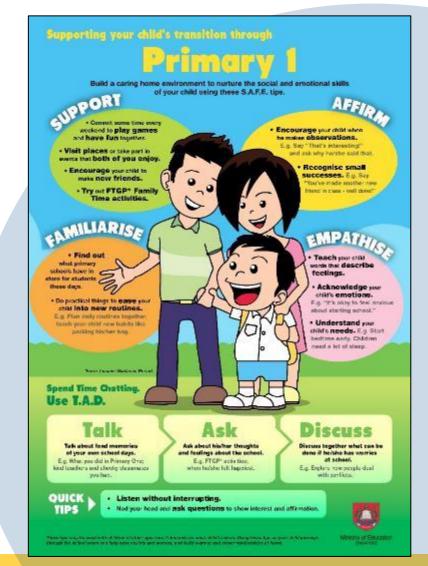
your child by recognising small successes and praising their efforts

Familiarise

your child with new routines gradually and share your experiences in primary school

Empathise

with and acknowledge your child's feelings





How else can you support your child?

Primary 1 is an exciting and fun stage for your child. Help your child to enjoy the journey by developing these skills:

01Relating well to others

02Developing good habits

Nurturing positive learning attitudes

04Encouraging them to learn from their mistakes



Nurture a love for reading

Sign your child up for a free Library membership and myLibrary ID to enjoy NLB's e-resources!



Relating Well to Others

Build your child's interpersonal skills by:

01

Modelling the use of friendly and polite phrases

"Hi! My name is...What is your name?"

"Could you help me with..."

02

Providing opportunities for your child to share and take turns during playtime with other children

03

Modelling respectful interactions

"May I please..."

"It's okay if I can't join in..."

"I am sorry I ..."

MAKE NEW FRIENDS

What your child may learn in school



Making friends will help your child to adapt quickly to the new school environment, as school becomes more enjoyable with their new friends. They can also learn and play well



 The Programme for Active Learning (PAL) helps your child to discover his/her interests and how to relate and work with peers through Sports and Games, Outdoor Education, Performing Arts (Dance, Drama and Music) and Visual Arts.

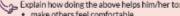


What you can do at home



- these steps for joining in activities: Do a short role-play with your child to practise · saying hello with a smile and introducing
 - . asking politely if he/she can join the group
 - · thanking them for choosing to include him/her
 - · saying and feeling okay even if they choose not to

Are you cerifed to meet your new friends? What do you do or may when you meet your new classmates or join them in group notivities? Let's fry it!



- make others feel comfortable
- · prevent conflict with new classmates
- be confident

Read more: https://www.schoolbag.sg/story/how-to-help-gour-child-ace-the-first-week-of-school



Find out more activities from the P1 Parent-**Child Role Playing Activity Kit**

Developing Good Habits

Routines help your child build confidence and learn to manage things by themselves.

Take their temperature using a thermometer





Practise consistent prebedtime routines and have at least 9 hours of sleep

Wash their hands





Dress themselves

Pack their bag according to timetable with only necessary stationery



Guide your child to do the following independently:



Buy food at the canteen

Make healthy food choices



Knowing when and how to ask for help



Nurturing Values and Positive Attitudes

Values guide our words and actions, and develop character strengths and dispositions. You can encourage your child to:



Reflect on how to show care and concern, and respect for their friends and family members



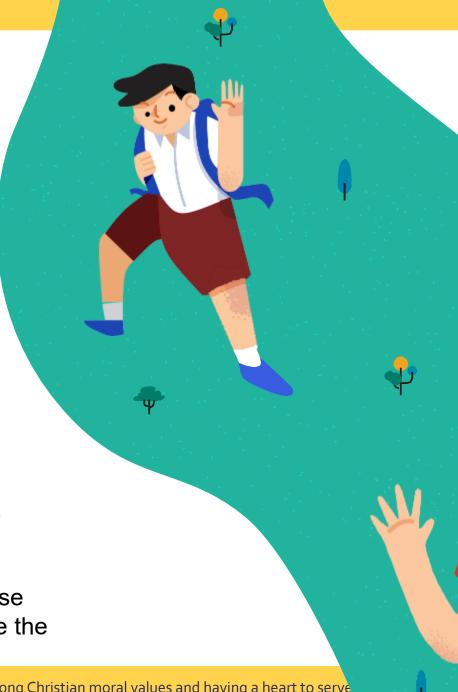
Ask questions about their experiences in school, at home and of the world around them



Reflect on learning experiences and try ways to do something better

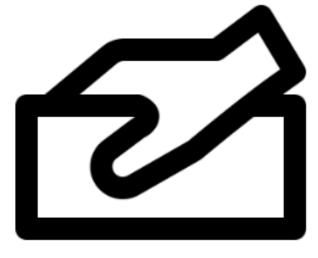


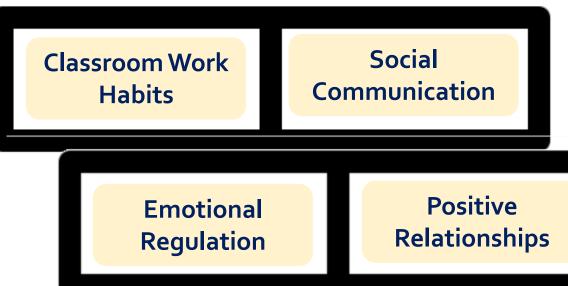
Persevere even when faced with challenges and use these experiences as a teachable moment to share the importance of building resilience in life



Start It Right! @ FMS(P)

- A series of termly back-to-school engagements
- With the aim to lay a strong foundation for all students through transition support in:
 - Strengthening self-management skills
 - Building strong teacher-student relationships and peer support relationships







Welcome to FMS(P) Slides for Students

We have prepared a deck of slides with information on:

- School schedule
- School uniform
- People in school
- Places around in school

We encourage parents to take some time to go through the slides with your child prior to Day 1 of school to reinforce what they can expect for Primary 1.



https://for.edu.sg/welcome-fmsp

https://for.edu.sg/welcome-fmsp



First Day of School for only the P1s

2 Jan 2026 (Fri) &

5 Jan 2026 (Mon)

7.30 am – 12 noon



Drop-off points in the morning

Mode of transport	Drop-off point
By school bus	Foyer
By car	Foyer
Walk to school	Gate 1 & 2



Dismissal

- 12pm (2 & 5 Jan)
- 1.30pm (6 Jan onwards)

	Day 1 & Day 2 (2 Jan & 5 Jan)	Week 1 from 6 Jan onwards
By foot	12pm	1.30pm
By school buses	Buses leave school at 12.10pm	Buses leave school at 1.40pm
By parent's car	Parents can drive in after 12.15pm	Parents can drive in after 1.45pm

• Parents are to pick up your child from the Gate 1 if he/she is going home by foot.



Traffic along Dover Road

- Heavy traffic is expected during reporting and dismissal times
- No vehicular entry to school during dismissal time
 - *1pm to 1.45pm (dismissal 1)
 - *3.45pm to 4.15pm (dismissal 2)
- No parking or waiting in school
- Use the multi-storey car park next to FMSS (Blk 2A, Dover Road) and walk over



Security in FMS(P)

- Meeting with school personnel is by appointment
- All visitors are required to register at the General Office



2026 P1	Venue for Parents' Engagement Session	Form Teachers 2026
1A	4A	Mr John Chew / Mrs Iris Tan
1B	<mark>4B</mark>	Mr Liu Lijia / Mdm Chen Lichuan
1C	4C	Mrs Jacquelin Wong / Mdm Tan Yee Won
1D	<mark>4E</mark>	Mrs Yaw Siok Ching / Miss Nurul Amilia Bte Roshamil
1E	<mark>3F</mark>	Mrs Angeline Lim / Mr Kenneth Ong
1F	<mark>3G</mark>	Miss Chua Huiman / Mrs Tan Hwee Chin
1G	4D	Mr Daniel Chan / Mrs Michelle Tan
1H	<mark>4F</mark>	Mdm Chan Man Pui / Mrs Morna Wee
1 .J	<mark>2E</mark>	Miss Chan Sew Yoon / Mrs Kavitha Deen



Thank you

