# Welcome to the Fairfield Family!



# **Programme for Parents**

Time	Programme	
2.3opm	Start of Orientation Programme	
	Vice-Principal's Sharing	
	Sharing by Year Head & Assistant Year Head / Lower Primary	
3.15pm	Classroom Session with Form Teachers	
After Classroom	Meeting with Special Educational Needs (SEN) Team	
Session	For parents with queries on SEN support for your child	
4.oopm	End of Orientation Programme	



**Meet Our School Leaders** 

(from left to right)

Mrs Yap Tsui Lan (Vice-Principal)

Mrs Soh Mei Foong (Principal)

Mr Ho Kok Soon (Vice-Principal)





#### **Meet Our Allied Educators**





### **Our School Milestones**

1888	Miss Sophia Blackmore founded <b>Telok Ayer Girls' School</b>	
1912	Miss Mary Olsen started Fairfield Girls' School at Neil Road	
1958	Mrs Lim Bock Kee — 1 <sup>st</sup> Asian Principal of <b>Fairfield Methodist Girls' School</b>	
1983	Miss Cheong Yuen Lin — 1st Principal of <b>Fairfield Methodist Primary School</b> (co-	
	ed and relocated to Dover Road)	
2009	Renamed Fairfield Methodist School (Primary) to reflect the common	
	founding, heritage and Methodist ethos of Fairfield Methodist Schools	
2015	Completion of School Upgrading Project with new facilities	
2023	135 <sup>th</sup> Anniversary Celebrations	





To provide a holistic education in a

**Christian environment** 

so as to nurture

leaders of good character,

who are equipped to serve

God, nation, community and school





#### **Our School Vision**

Leaders of the future

pursuing excellence,

upholding strong Christian moral values

and having a heart to serve



#### **Our Fairsian Outcomes**

#### **Masters Self**

Has a spirit of excellence
Thinks critically and creatively
An ethical digital user



#### **Relates Well to Others**

Appreciates differences Communicates skilfully An empathetic individual

#### **Serves God & the Community**

Reflects actively
Collaborates inclusively
A proactive contributor







# Every Fairsian, a Future-Ready Leader who ... **RELATES WELL** TO OTHERS Appreciates differences Communicates skilfully Is an empathetic individual







#### **Parent-Teacher Communication**

- Student Handbook
- Email
- Meet-The-Parent Sessions
- Ad hoc meetings with teachers via appointment



### Partners in Education (PiE)





Be part of it!



# Home-School Partnership in Skill Development



When children enter kindergarten, the key question is not whether they know the alphabet or can add and subtract.

Instead, the important skills include **impulse control**, **attention span**, **emotional regulation**. These abilities **don't develop on their own**. Instead, the relevant regions of the brain need to be **activated** – and **often**, since the brain's networks are **strengthened through practice**.



Dr Amanda Tarullo

Director of Brain & Early Experiences Laboratory at Boston University



### **Executive Functioning Skills**

#### What are executive functioning skills?

Mental skills we use to self-regulate the way we interact with our environment

Executive functioning skills can be broadly broken into three main categories:



Cognitive Flexibility







### **Executive Functioning Skills**

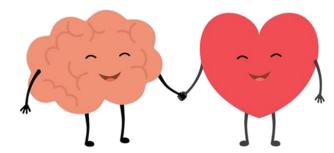




Sometimes young children learn executive functioning skills naturally **by observing others**.

Some skills, though, need to be taught explicitly.

Importance of **early support**: Young children's brains are rapidly changing and most **malleable** during these earlier years.





# Importance of Executive Functioning Skills

EF skills provide the foundational platform for preparing students' readiness and ability to learn



#### Longitudinal study by Morgan et al. (2019)

- Tracked ~11,000 kindergarten students through 3<sup>rd</sup> grade
- **Key finding:** Children with difficulties in EF in kindergarten **continued to experience academic difficulties in later years**
- Importance of early intervention efforts before children internalise negative feelings about their academic performance and exhibit challenging behaviours

Morgan, P. L., Farkas, G., Wang, Y., Hillemeier, M. M., Oh, Y., & Maczuga, S. (2019). Executive function deficits in kindergarten predict repeated academic difficulties across elementary school. Early Childhood Research Quarterly, 46, 20-32. https://doi.org/10.1016/j.ecresq.2018.06.009



# How can you prepare your child for Primary 1?

#### In primary school, your child will be equipped with skills to:

- Adjust to a larger learning environment
- Interact with more peers and teachers
- Adapt to longer school hours
- Become more independent and responsible





https://go.gov.sg/transition-to-primary1



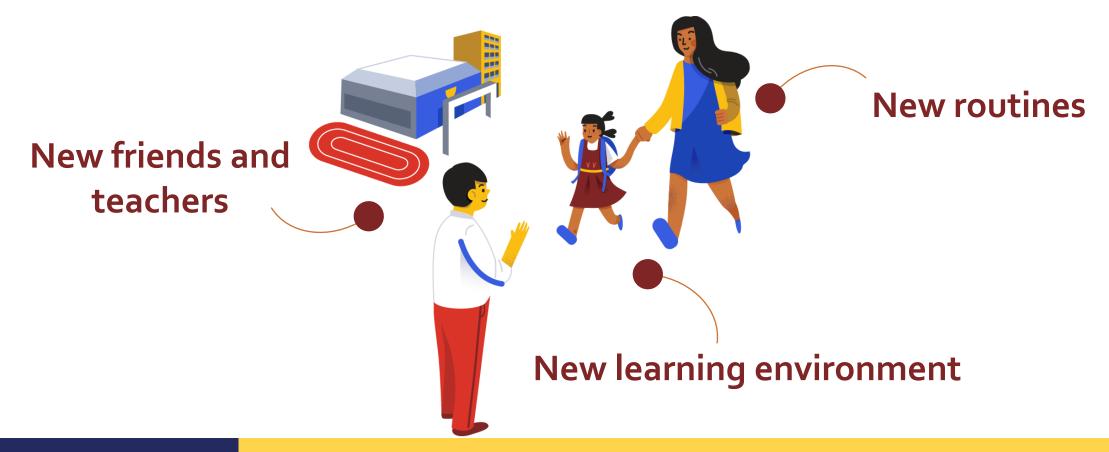
# Transition to Primary 1

Mrs Chan Hwee Binn Year Head / Lower Primary



### **Transition to Primary 1**

When your child enters primary school, they will experience:





## **Parent-Child Activity Book**

#### **10 TIPS FOR PARENTS**

to help you navigate your child's first year in primary school.

Chat with your child
Boost their confidence
Practise various scenarios
Create something interesting
Thank others for their help
Pledge to do things together





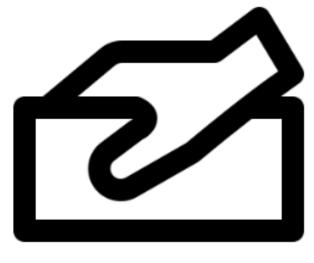


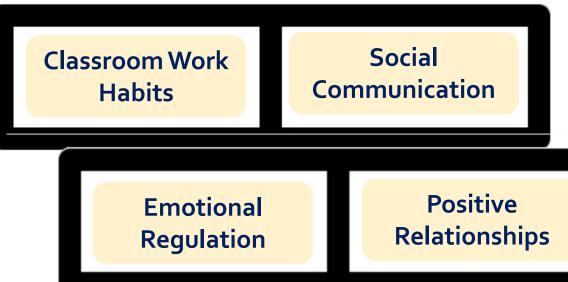




# Start It Right! @ FMS(P)

- A series of termly back-to-school engagements
- With the aim to lay a strong foundation for all students through transition support in:
  - Strengthening self-management skills
  - Building strong teacher-student relationships and peer support relationships







### Developing Executive Functioning Skills at Home

#### **Time Management:**

- Create a daily schedule that includes blocks of time for different activities
  - For example: mealtimes, play, homework, bedtime
- **Engage** your child in planning the daily schedule to help him/her understand:
  - Estimation of time taken to complete tasks
  - Planning ahead: How to sequence and prioritise activities





# **Developing Executive Functioning Skills at Home**

#### **Task Initiation & Completion**

- Task initiation: Guide your child to identify the first step in a task and to break it down into manageable parts
- Task completion: Help your child **learn how to complete a task** before moving on to the next activity



# **Developing Executive Functioning Skills at Home**

#### **Organisational Skills**

- Involve your child in **packing his/her schoolbag** daily based on timetable
- Guide your child in the use of the Student Handbook for tracking

#### **Help-Seeking Skills**

• Teach your child ways to seek help in appropriate ways





### Welcome to FMS(P) Slides for Students

We have prepared a deck of slides with information on:

- School schedule
- School uniform
- People in school
- Places around in school

We encourage parents to take some time to go through the slides with your child prior to Day 1 of school to reinforce what they can expect for Primary 1.



https://for.edu.sg/welcometo-fmsp



Miss Chan Sew Yoon
Assistant Year Head / Lower Primary



First Day of School:

2 January 2025 (Thursday)

Week o



- School Hours
  - ❖7.30am to 1.30pm
  - ❖Silent Reading at 7.20am
  - ❖Bring a storybook for Silent Reading: MTL books – Mon & Fri EL books – Tue, Wed & Thu
  - Nametag to be worn in Week o & 1. Write down school bus number on the tag, if any.



#### **Drop-off points in the morning**

Mode of transport	Drop-off point
By school bus	Foyer
By car	Foyer
Walk to school	Gate 1 & 2



- Recess
  - 9.30am to 10.00am (Usual)
  - Extended recess & Buddy System (Week o & 1)



#### Staggered Recess Timing on Day 1

1A – 1D	9.00am to 9.45am
1E – 1J	10.00am to 10.45am

How much to give your child for recess?

Around \$3 - \$4



#### Snack Time

- 2<sup>nd</sup> meal break
- Around 11.30am(10 min)
- Venue: Classroom
- Prepare a <u>simple dry snack</u> eg. bread, fruits, biscuits





### **Traffic along Dover Road**

- Heavy traffic is expected during reporting and dismissal times
- No vehicular entry to school during dismissal time
  - \*1pm to 1.45pm (dismissal 1)
  - \*3.45pm to 4.15pm (dismissal 2)
- No parking or waiting in school
- Use the multi-storey car park next to FMSS (Blk 2A, Dover Road) and walk over



#### Dismissal

- 12pm (Week o, Day 1 & 2, 2-3 Jan, Thur-Fri)
- 1.30pm (Week 1 onwards)

	Day 1 & 2 (2-3 Jan) — Week o	Week 1 onwards
By foot	12pm	1.30pm
By school buses	Buses leave school at 12.10pm	Buses leave school at 1.40pm
By parent's car	Parents can drive in after 12.15pm	Parents can drive in after 1.45pm

• Parents are to pick up your child from the **Gate 1** if he/she is going home by foot.



#### Physical appearance

- School uniform or PE attire to be worn at all times
- PE attire
- Neat haircut

#### Absence from school

- MC must be produced
- Seek approval in advance if leaving school early



### Security in FMS(P)

Meeting with school personnel is by appointment

 All visitors are required to register at the General Office



### Connect with Our Special Educational Needs (SEN) Team

Do you have any queries on special educational needs (SEN) support for your child?

If you have <u>not</u> previously connected with our SEN Team, we welcome you for a chat in Classroom 5C (Level 2, beside the back door of the MPH) after the classroom session.



You can also contact the SEN Team via FMSP\_SENteam@schools.gov.sg.



Thank you

